



Above
Suci Plants and Living

Indoor Plants with Kirrily Hurst

Who: Kirrily Hurst

What: Suci Plants and Living

Where: Shop 4/89 Goodwood Rd,
Goodwood SA

We recently had a chat with our friend Kirrily from Suci Plants and Living about indoor plants in the home and workplace. As interior fit out specialists we love to know what's on trend and one thing we know for sure is indoor plants is still a big one!

When you step into Suci Plants and Living it's like stepping into a jungle of gorgeous plants, pots and stylish homewares. Opening the doors to Suci Plants and Living over three years ago, things are only looking up with Kirrily stating "indoor plants are now a part of life." Kirrily not only has a plant store but can help businesses, including retail stores, offices and wineries, with their plant selection and placement, offering onsite visits and a proposal with recommendations based on the environment.

According to Kirrily, with the onset of COVID, people were forced to spend more time at home therefore started putting more effort into their homes.

In such a difficult time why wouldn't you want to make your home a brighter, happier place?! Not only do plants make you happy and feel good, they purify the air, help with noise pollution, promote creativity and are aesthetically pleasing too.

Choosing the right plants

When it comes to choosing the right indoor plants, it's important to think about the environment they're going into. Is there natural light? If there is, you've got a lot of options. If not, plants like the ZZ Plant and Snake Plant tolerate low light areas. They are also known for their air purifying benefits and don't need as much water as others (see next page for Kirrily's top five plants). Is there air conditioning? This is important to consider as putting a plant under a vent will dry the plant out. It's also best not to have plants in high traffic areas to avoid people accidentally knocking the plants and damaging them.

Not only do plants make you happy and feel good, they purify the air, help with noise pollution, promote creativity and are aesthetically pleasing too.





Above
Suci Plants and Living

Maintaining the plants

Kirrily recommends having one person in charge of watering plants to avoid overwatering and also says to ensure they get a good soak when they are watered. How often to water again depends on the environment as some rooms get hotter or colder than others – this is the type of advice she can give customers and clients.

Another hot tip – don't empty your drink bottle into the plants! You might think you're being nice but you don't know if five people before you have done it and this can lead to drowning the plants. Most plants can go at least a week without water so during company shutdowns such as the Christmas break, depending how long you're shutting, give the plants a good water before leaving. If you're away from the office longer, ask someone to take the plants home to look after or have them pop into the workplace.

Big thank you to Kirrily for chatting with us. If anyone has any questions about plants, feel free to get in touch. You can pay her a visit at Suci Plants and Living in Goodwood or check out their website and socials.

Kirrily's top five plants:

Snake Plant (Dracaena Trifasciata)

- Sharp, erect leaves, deep green with light green stripes
- Air purifying
- Low maintenance
- Work well in a row as dividers



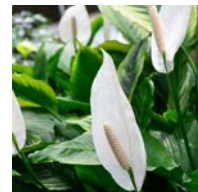
ZZ Plant (Zanzibar Gem)

- Attractive, glossy green leaves
- Low maintenance
- Tolerates low light areas
- Air purifying



Peace Lily

- Beautiful glossy, dark green leaves with white flowers
- Promotes sleep and calmness
- Air purifying
- Low maintenance



Palms

- Tropical indoor plants
- Tolerate low light areas
- Air purifying
- Low maintenance



Dracaena 'Janet Craig'

- Rich green colour, long, tapered leaves
- Interior floor plant
- Tolerates low light areas
- Low maintenance

